

Saturdays – Fall/Winter 2019-2020

*Sep.28, Nov.9, Dec.7
Jan.25, Feb.22, Mar.28, Apr.25*

MainStream Review

10:00 AM to 12:00 PM

\$8 per person per session (pay at the door)

DBD PLUS



12:30 PM to 3:00 PM

\$10 per person per session (pay at the door)



Mel Baker Hall, J.A. Dulude Arena
941 Clyde Ave., Ottawa, ON K2C 4B2
(+/- 1 km south of Carling, at Woodward)

with **Wendy VanderMeulen**

For more information, contact Wendy at:
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